

Rheumatoid Arthritis and Osteoarthritis Treatment

CHAMPS Webcast, November 3, 2005
Evaluation & CME Questions



Community
Health
Association of
Mountain/
Plains
States



Name: _____
E-mail Address: _____
Organization: _____
Phone Number: _____

This contact information is **required** if you would like to receive a Certificate of Participation or CME Credit for this webcast.

May your contact information be provided to the Arthritis Foundation so they may share their resources, programs, and activities?

_____ Yes
_____ No

***Fax your completed form to Andrea Miller at CHAMPS, (303) 861-5315
Questions? Call (303) 861-5165 x285.***

Please complete the following evaluation questions (pages 1 and 2) so we can review our goals, objectives, and topics for future webcasts. Participants interested in receiving CME Credit must also complete the CME questions following the evaluation questions (pages 3 and 4).

If you complete the Evaluation Questions and provide your contact information, you will receive a Certificate of Participation for this event. If you complete the CME Questions and provide contact information, you will receive a CME Certificate for 1.5 credits. Certificates will be emailed within three weeks.

EVALUATION QUESTIONS

1) Please rate your level of satisfaction with how well this presentation addressed Educational Objective #1: *Participants will understand and discuss recent ideas on the pathogenesis of Osteoarthritis and Rheumatoid Arthritis.*

_____ Satisfied
_____ Somewhat Satisfied
_____ Neither Satisfied nor Dissatisfied
_____ Somewhat Dissatisfied
_____ Dissatisfied

2) Please rate your level of satisfaction with how well this presentation addressed Educational Objective #2: *Participants will design a step-wise approach to the treatment of Osteoarthritis and Rheumatoid Arthritis.*

_____ Satisfied
_____ Somewhat Satisfied
_____ Neither Satisfied nor Dissatisfied
_____ Somewhat Dissatisfied
_____ Dissatisfied

3) Please rate your level of satisfaction with how well this presentation addressed Educational Objective #3: Participants will appreciate some of the side-effects and concerns of newer treatments for Osteoarthritis and Rheumatoid Arthritis.

- Satisfied
- Somewhat Satisfied
- Neither Satisfied nor Dissatisfied
- Somewhat Dissatisfied
- Dissatisfied

4) Rate your experience registering, logging on, and participating in this webcast through your computer system.

- Easy
- Few Difficulties
- Difficult

5) Please rate the presenter's delivery of this presentation.

- Excellent
- Good
- Fair
- Poor

6) In terms of practical information gained, please indicate if you feel this training was:

- Very Useful
- Somewhat Useful
- Not Useful

7) Briefly describe the best/worst aspects of this webcast:

8) List other training topics that would meet the needs of your job:

9) Other Comments:

Thank you for your responses. If you are not applying for CME credit, please fax these responses to Andrea Miller at CHAMPS, (303) 861-5315. Otherwise, continue to the CME questions on pages 3 and 4.

CONTINUING MEDICAL EDUCATION (CME) CREDIT QUESTIONS

You must attend the entire webcast and complete the following post-test in order to qualify for CME credit. Failure to complete all CME question fields will result in no CME credit awarded.

10) The diagnosis of Osteoarthritis can be made by:

- a. Synovial fluid analysis looking at type II collagen
- b. Serum cartilage oligomeric protein levels
- c. Tumor necrosis factor-alpha levels
- d. Radiographic findings of joint space narrowing, bony sclerosis, and marginal osteophytes

11) Osteoarthritis risk factors include all of the following except:

- a. Heredity
- b. Obesity
- c. Neuromuscular dysfunction
- d. Male

12) Exercise in patients with osteoarthritis has been shown to:

- a. Cause a more rapid cartilage loss
- b. Increase fall risk
- c. Increase range of motion, endurance, and strength and even be chondroprotective
- d. Cause more pain in the end

13) When examined by meta-analysis, the nutraceuticals Glucosamine and Chondroitin Sulfate trials demonstrate no beneficial effect in osteoarthritis.

- True
- False

14) Anti-Cyclic Citullinated Peptide is less sensitive but more specific than Rheumatoid Factor.

- True
- False

15) Poor prognostic indicators for Rheumatoid Arthritis Patients include all the following except:

- a. Rheumatoid nodules
- b. High titer rheumatoid factor and possibly anti-CCP
- c. Erosions or cartilage loss on X-ray
- d. Late age of onset

(CME Questions Continued on Page 4.)

16) The most common side effects of Methotrexate include:

- a. Diarrhea alternating with constipation
- b. Recurrent urinary tract infections
- c. Stomatitis, GI intolerance, transient rise in liver function tests
- d. Anemia

17) The most common side effects of Leflunomide (Arava) include all of the following except:

- a. Congestive heart failure
- b. Diarrhea
- c. Hair loss
- d. Increased liver function tests

18) The biological Anakinra (Kineret) is different from the other biological agents, Etanercept (Enbrel), Infliximab (Remicade) or Adalimumab (Humira) because the former inhibits _____ while the later inhibit _____.

- a. Interleukin-6, Tumor Necrosis Factor-alpha
- b. Tumor Necrosis Factor-alpha, Interleukin-10
- c. Tumor Necrosis Factor-alpha, Interleukin-1
- d. Interleukin-1, Tumor Necrosis Factor-alpha

***Thank you for applying for CME Credit.
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