



CCHN/CHAMPS Health Equity Learning Series
Health Equity in the Context of COVID-19
Tuesday, September 1, 2020

PARTICIPANT HANDOUTS

Health Equity in the Context of COVID-19

Thank you for attending today's training. By doing so you are strengthening the ability of your community-based and patient-directed health center to deliver comprehensive, culturally competent, high-quality primary health care services.

Presented by:

Jason Vitello, Denver Public Health, Colorado Public Health Association (CPHA)

Live Broadcast Date/Time:

Tuesday, September 1, 2020

12:00–1:15PM Mountain Time / 1:00–2:15PM Central Time

Target Audience:

The presentations in the series are intended for health center and PCA staff from various positions including clinical and non-clinical. Please see the registration information sent out prior to each training for more information about learning objectives and other details.

Event Overview:

The current pandemic has shed new light on the foundational inequities of this nation. This webinar will offer insight into the structures and systems that cause health disparities and how the pandemic has brought new perspective to those.

Learning Objectives:

Though this session, participants will:

- Have a better understanding of how structures and systems have caused health disparities.
- Have a better understanding of how the pandemic has brought to light health and racial disparities in the greater environment and in our communities.
- Come away with strategies for acknowledging/recognizing health disparities in their daily lives.

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CCHN/CHAMPS ARCHIVES

This event will be archived online. This online version will be posted within two weeks of the live event and will be available for at least one year from the live presentation date.

For information about all CCHN archives, please visit:

www.CCHN.org/webinar-archive.

For information about all CHAMPS archives, please visit:

www.CHAMPSonline.org/events-trainings/distance-learning.

DESCRIPTION OF CCHN

The Colorado Community Health Network (CCHN) represents the 20 Colorado Community Health Centers that together are the backbone of the primary health care safety-net in Colorado. For more information about CCHN, please visit www.CCHN.org.

DESCRIPTION OF CHAMPS

Community Health Association of Mountain/Plains States (CHAMPS) is a non-profit organization dedicated to supporting all Region VIII (CO, MT, ND, SD, UT, and WY) federally funded Community, Migrant, and Homeless Health Centers they can better serve our patients and communities. Currently, CHAMPS programs and services focus on education and training, collaboration and networking, workforce development, and the collection and dissemination of regional data. For more information about CHAMPS, and the benefits of CHAMPS Organizational Membership, please visit www.CHAMPSonline.org.

SPEAKER BIOGRAPHY



Jason Vitello is the Behavioral Health Coordinator at Denver Public Health, an adjunct professor at the University Of Denver Graduate School Of Social Work, and a community activist. He is also a national speaker on social justice, critical race theory, criminal justice reform, father engagement, male mental health, and collective liberation. In 2017, Jason founded the Colorado Public Health Association’s Health Equity Coalition and was elected as the first Health Equity Director. He presently serves as the Health Equity Officer.

Prior to his career in public health, Jason was a social worker and therapist who provided advocacy, mentorship, case management, and clinical services. It should be noted that before he was ever a provider of human services or family assistance - he was a recipient of them. His ultimate interest is in the betterment of the human condition through fierce compassion, difficult conversations, collaboration across struggles, the peaceful obliteration of structural inequalities, and comprehensive paradigm transformation.

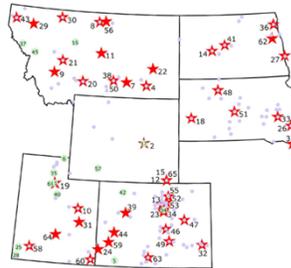
CCHN/CHAMPS
2020 Health Equity Learning Series

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of COVID-19

Tuesday, September 1, 2020
12:00-1:15PM MT/1:00-2:15PM CT



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COMMUNITY HEALTH ASSOCIATION OF
MOUNTAIN/PLAINS STATES (CHAMPS)

www.CHAMPSonline.org



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COLORADO
COMMUNITY HEALTH NETWORK
Access for All Colorado



COLORADO'S COMMUNITY, WORKPLACE, SCHOOL-BASED & HOMELESS HEALTH CENTERS
 01 - Health Equity Center, 02 - Community Health Center, 03 - Community Health Center, 04 - Health Equity Center
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COLORADO COMMUNITY HEALTH NETWORK (CCHN)

www.CCHN.org




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PRESENTED BY



Jason Vitello
 Behavioral Health Coordinator, Denver Public Health
 Health Equity Officer, Colorado Public Health Association (CPHA)




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HOW MANY PEOPLE ARE
WATCHING THE EVENT AT
YOUR COMPUTER,
INCLUDING YOURSELF?

Submit your answers using the Q&A Box.



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PLEASE INTRODUCE YOURSELF:
NAME, ORGANIZATION, STATE

Submit your answers using the Chat.



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PRACTICE POLL QUESTION

Did you attend the first session in this series, “Health Equity is Social Justice: Health Centers in the Context of Racial and Social Justice”?

- Yes
- No
- I watched the recording
- Not sure



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Health Equity in the Context of COVID-19

Jason Vitello, MSW
Behavioral Health Coordinator



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- Participants will come away with strategies for acknowledging/recognizing health disparities in their daily lives.

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Poll Question

On a scale of 1 to 5, (1 being not at all and 5 being very), how knowledgeable would you say you are on health disparities and health equity?



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Poll Question

On a scale of 1 to 5, (1 being not at all and 5 being very), how comfortable are you discussing health disparities and health equity?



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Health

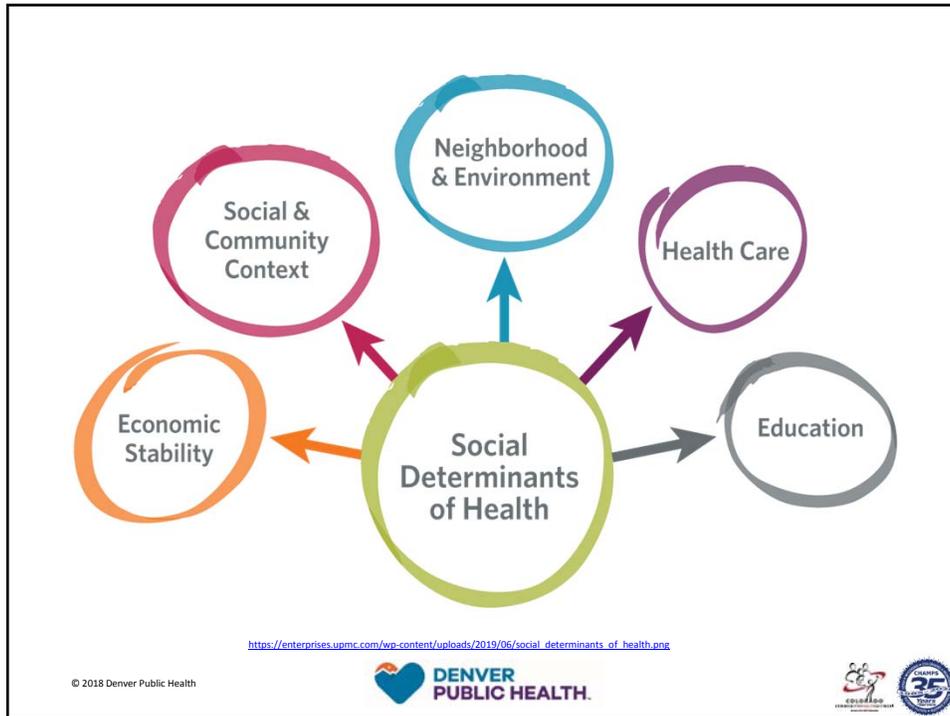
Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.



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Health Disparities

Differences in health status and/or health outcomes between groups

The image shows several hands of different ages and skin tones being held together in a supportive grip, symbolizing care and community. Below the image is a URL: <http://www.homecare-aid.com/wp-content/uploads/2016/04/Why-Elderly-Care-Can-Be-So-Important.jpg>. The footer includes "© 2018 Denver Public Health", the "DENVER PUBLIC HEALTH" logo, and a "25th Anniversary" seal.

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Health Inequities



WHO/D. RODRIGUEZ

Differences in health status between groups that are systemic, avoidable, and unjust

COVID-19 Racial Inequities

Rate ratios compared to White, Non-Hispanic Persons	American Indian or Alaska Native, Non-Hispanic persons	Asian, Non-Hispanic persons	Black or African American, Non-Hispanic persons	Hispanic or Latino persons
Cases ¹	2.8x higher	1.1x higher	2.6x higher	2.8x higher
Hospitalization ²	5.3x higher	1.3x higher	4.7x higher	4.6x higher
Death ³	1.4x higher	No Increase	2.1x higher	1.1x higher

<https://www.cdc.gov/coronavirus/2019-ncov/covid-data/investigations-discovery/hospitalization-death-by-race-ethnicity.html>

Audience Question

What is the story behind these numbers?
(please submit your answers and thoughts using the Chat)



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Factors that contribute to increased risk



<https://www.cdc.gov/coronavirus/2019-ncov/community/health-equity/index.html>

- Discrimination
- Healthcare Access and Utilization
- Occupation
- Educational, Income, and Wealth Gap
- Housing

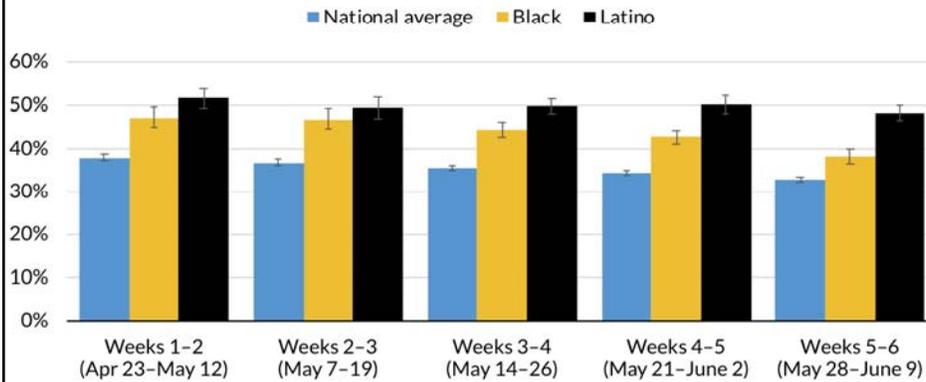
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Expected Employment Income Loss by Race and Ethnicity

Share of adults in households where at least one person expects to lose employment income in the next four weeks



Source: Urban Institute calculations from the Racial Equity Analytics Lab's COVID-19 racial equity recovery tracker, based on the US Census Bureau's Household Pulse Survey.

Note: Because of small survey sample sizes, these averages are imprecisely estimated with large margins of error. To illustrate that uncertainty, we've shown margin of error for each data point.

URBAN INSTITUTE

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Health Equity

The active assurance that everyone is afforded the opportunities essential to attaining their highest level of health.



https://www.inciimages.com/uploaded_files/image/1920x1080/getty_1024073052_404831.jpg

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Critical Race Theory

“CRT is a way of thinking and being in the world ...As a critical theory it promotes a structural approach to addressing the problems of a diverse society, rather than merely expanding access to existing resource and opportunities....[It promotes] changes in institutional arrangements while simultaneously recognizing personal distress and resistance” (p. 176)

Ortiz, L., & Jani, J. (2010). Critical race theory: a transformative model for teaching diversity. *Journal of Social Work Education*, 46(2), 175-193.

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<https://www.dtknews.com/2017/01/21/crime-farand-maryland-football-house-fire-rescue-new-york-giants/>

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Basic Tenets of CRT

- Critique of Liberalism
- Race as a social construction
- Whiteness as Property
- Endemic Racism
- Voices of color
- Counter narratives
- Differential racialization
- Interest convergence / materialist determination
- Antiessentialism / intersectionality

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Critique of Liberalism



Liberal ideals such as color-blindness or conceptions of equality that often seek rules insisting on treatment that is the same across the board, only really address the most overt and blatant forms of racism or discrimination. They fail to recognize the more subtle forms of racism imbedded in our societal structures. (Delgado & Stefanic, 2012)

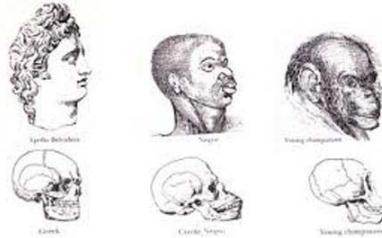
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Race as a Social Construction

CRT bears witness to the truth that race is not an objective, biological, fixed or inherent reality but rather a social construct, a product of “*social thought and relations*” (p. 8). While people may share some genetic or physical traits, these “*constitute only an extremely small portion of their genetic endowment, and are dwarfed by that which we have in common*” (p. 9). These shared traits have little to do with our humanity or such characteristics as intelligence, morals, or personality.



Delgado & Stefanic (2012)

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Whiteness as Property



https://www.coloradocollege.edu/news_image?id=15a0f659-9943-41c9-b194-c2a0b107813&w=955

- Right of possession
- Right to use
- Right to transfer
- Right of use and enjoyment
- Right of exclusion

DeCuir & Dixson (2004)

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Endemic Racism

Racism is endemic, “ordinary, not aberrational... it is the usual way our society does business, the common, everyday experience of most people of color in this country” (p. 7). In today’s society, racism at this level is often not acknowledged which therefore makes it difficult to “cure.”

Delgado & Stefanic (2012)



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What is racism?

- **Levels of Racism**
 - Personally mediated
 - Internalized
 - Institutional

Jones, C.P. (2000). Levels of racism: A theoretical framework and a gardener's tale. *American Journal of Public Health, 90*(8). 1212-1215

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Institutional Racism



<https://media4.manhattan-institute.org/sites/ci/files/mass-incarceration.jpg>

- Initial historical insult
- Structural barriers
- Inaction in face to need
- Biological determinism
- Unearned Privilege

Jones, C.P. (2000). Levels of racism: A theoretical framework and a gardener's tale. *American Journal of Public Health, 90*(8). 1212-1215

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Voices of Color

“The voice-of-color thesis holds that because of their different histories and experiences with oppression, black, American Indian, Asian, and Latino/as “ are better able to speak and communicate about race and racism to whites. They “may be able to communicate to their white counterparts matters that the whites are unlikely to know and have a presumed competence”.

Delgado & Stefanic (2012)



<https://i.pinimg.com/originals/90/2d/41/902d41c178b6c38e0d6f6e622e7af79d70105.jpg>



https://www.aljazeera.com/nr/items/images/2014/12/14/201412148179207734_20.jpg

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Counter Narratives

- Give audience to often ignored or alternate realities and challenge the validity of the dominant narrative,
- Challenge us to analyze myths, presuppositions and received wisdoms within our societal culture,
- Invite us to bear witness to the lived experience of non-dominant cultures and populations,
- Offer diverse interpretations of the significance of race, and
- Explore our shared and individual experiences of race and other intersecting identities.



<https://civileats.com/wp-content/uploads/2020/05/200504-systemic-racism-coronavirus-pandemic-comorbities-health-disparities-top.jpg>

Delgado & Stefanic (2012)

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Racial Equity Tools for Organizational Change:

<https://www.racialequitytools.org/act/strategies/organizational-change-processes>

https://www.coloradohealthinstitute.org/sites/default/files/file_attachments/MDPH_HE_Guid_ebook_FINAL08142018_0.pdf

COVID-19 and Equity Resources:

<https://www.apha.org/topics-and-issues/communicable-disease/coronavirus/equity>

<https://covid19.colorado.gov/get-help/coping-with-covid-19/stop-the-spread-of-racism>

<https://www.cdc.gov/coronavirus/2019-ncov/community/health-equity/race-ethnicity.html>

<https://naacp.org/wp-content/uploads/2020/03/Ten-Equity-Considerations-of-the-Coronavirus-COVID-19-Outbreak-in-the-United-States-Version-2.pdf>



<http://propertyprofessional.co.za/wp-content/uploads/sites/2/2018/05/lists-raised.jpg>

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<https://www.urban.org/sites/default/files/2016/09/21/structural-racism-america-header.jpg>

General Racial Equity Resources:

<http://www.racialequityresourceguide.org/resources/resources>

<https://www.nytimes.com/2019/05/29/books/review/antiracist-reading-list-ibram-x-kendi.html>

<https://www.racialequitytools.org/fundamentals/resource-lists/book-and-film-lists>

<https://www.racialequitytools.org/act/strategies/organizational-change-processes>

https://www.coloradohealthinstitute.org/sites/default/files/file_attachments/MDPH_HE_Guidebook_FIN_AL08142018_0.pdf

<https://www.racialequitytools.org/fundamentals/resource-lists/book-and-film-lists>

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QUESTIONS?

Type any questions into the chat box at the bottom of the screen.

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THANK YOU!

Please fill out the event evaluation here:
www.surveymonkey.com/r/HE2020-Event2

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DON'T MISS THE REST OF THE SERIES!

Tuesdays, 12:00-1:15PM MT / 1:00-2:15PM CT

Organizational Commitment and Strategies for
Health Equity Communication

September 22, 2020

Click [here](#) for more information and to register.

Applying the Health Equity Lens: Serving People with Disabilities

October 13, 2020

Click [here](#) for more information and to register.



Additional Resources

Colorado Community Health Network (CCHN):

- [COVID-19 Resources](#)
- [Racism is a Public Health Issue Statement](#)

Colorado Public Health Association (CPHA):

- [CPHA's Formal Commitment to Health Equity](#)

Community Health Association of Mountain/Plains States (CHAMPS):

- [Coronavirus 2019 \(COVID-19\) Resources](#)
- [Coronavirus 2019 \(COVID-19\) Resources: Health Equity Resources](#)
- [Health Equity Resources](#)