



CCHN/CHAMPS Health Equity Learning Series
I Perspectives on Health Equity: A Panel Discussion
Wednesday, August 23, 2023

PARTICIPANT HANDOUTS

Individual Perspectives on Health Equity: A Panel Discussion

Thank you for attending today's training. By doing so you are strengthening the ability of your community-based and patient-directed health center to deliver comprehensive, culturally competent, high-quality primary health care services.

Presented by:

Jason Vitello, Denver Public Health, Colorado Criminal Justice Reform Coalition
Julie Reiskin, Colorado Cross Disability Coalition
Ragen Chastain, ACE Certified Health Coach and Functional Fitness Specialist

Live Broadcast Date/Time:

Wednesday, August 23, 2023
11:00–12:15PM Mountain Time / 12:00–1:15PM Central Time

Target Audience:

The presentations in the series are intended for health center and PCA staff from various positions including clinical and non-clinical. Please see the registration information sent out prior to each training for more information about learning objectives and other details.

Event Overview:

This session will be a moderated panel discussion with past Health Equity Learning Series speakers to highlight the importance of including special population groups in your health equity programming. The topics discussed will allow healthcare workers to better understand the challenges faced by patients who are Indigenous, fat, and/or disabled patients, and to obtain ideas, tools, and strategies to prepare them to offer culturally appropriate and sensitive care to their patients.

Learning Objectives:

Through this session, participants will be able to:

- Improve and/or enhance cultural awareness and understanding of Indigenous/Native American communities.
- Identify the ways that weight bias exists in healthcare.
- Understand the definitions of disability and disability culture and how individuals can begin to become competent in the language around disability.
- Develop strategies for more comprehensive, inclusive care for all patients.

CONTENTS

Page 2: CCHN/CHAMPS Archives
CCHN/CHAMPS Descriptions
Page 3: Speaker Biographies

CCHN/CHAMPS ARCHIVES

This event will be archived online. This online version will be posted within two weeks of the live event and will be available for at least one year from the live presentation date.

For information about all CCHN archives, please visit:
www.CCHN.org/webinar-archive.

For information about all CHAMPS archives, please visit: www.CHAMPSonline.org/events-trainings/distance-learning.

DESCRIPTION OF CCHN

The Colorado Community Health Network (CCHN) represents the 20 Colorado Community Health Centers that together are the backbone of the primary health care safety-net in Colorado. For more information about CCHN, please visit www.CCHN.org.

DESCRIPTION OF CHAMPS

Community Health Association of Mountain/Plains States (CHAMPS) is a non-profit organization dedicated to supporting all Region VIII (CO, MT, ND, SD, UT, and WY) federally funded Community, Migrant, and Homeless Health Centers they can better serve our patients and communities. Currently, CHAMPS programs and services focus on education and training, collaboration and networking, workforce development, and the collection and dissemination of regional data. For more information about CHAMPS, and the benefits of CHAMPS Organizational Membership, please visit www.CHAMPSonline.org

SPEAKER BIOGRAPHY



Jason Vitello is the Equity and Community Development Manager at the CCJRC, Past President of the Colorado Public Health Association, a practitioner at the Public Health Institute at Denver Health, and an Adjunct Professor at the Graduate School of Social Work at the University of Denver. He is also a national speaker, consultant, educator, and activist committed to the advancement of justice, equity, and healing in our communities, and in the systems that serve them. Formerly, Jason was a social worker and therapist who provided advocacy and clinical services to individuals from systemically excluded communities. It should be noted that before he was ever a provider of human services or family assistance - he was a recipient of them. His ultimate interest is in collective liberation and the betterment of the human condition through fierce

compassion, unity across struggles, the peaceful obliteration of structural inequalities, and comprehensive paradigm transformation.

SPEAKER BIOGRAPHY



Julie Reiskin, LCSW, is the Executive Director of the Colorado Cross-Disability Coalition (CCDC). CCDC advocates for social justice for people with all types of disabilities.

CCDC is a leading disability rights organization whose unique model of blending legal and non-attorney advocacy has achieved results for thousands of Coloradoans with disabilities. With the motto of "Nothing About Us Without Us—Ever," CCDC has led the way in citizen or "client" engagement and CCDC trained advocates permeate the Colorado public policy arena. CCDC and Reiskin assist other organizations with assuring real and meaningful participation by "clients" at all

levels. Ms. Reiskin offers expertise on nonprofit accountability and best practices, publicly funded long-term community-based services, disability rights law, public benefits, and the intersectionality of systemic and individual advocacy. Ms. Reiskin has proposed and helped to implement many solutions to create a sustainable and client friendly Medicaid program – such as the consumer direction as a delivery model, acted as a respected advocate for individuals, and has trained many others in health advocacy and health policy. Prior to becoming the Executive Director for CCDC in 1996, Ms. Reiskin served as the organization's policy analyst.

In 2010, President Obama appointed Ms. Reiskin to serve on the Board of Directors of the Legal Services Corporation as the client representative. In 2018, she was elected to serve on the Board of the ACLU of Colorado and was also appointed as a member of the Board of Trustees for the Denver Foundation.

Ms. Reiskin is an adjunct faculty member at the University of Denver at the Graduate School of Social Work teaching both policy advocacy and program development.

Ms. Reiskin provides consulting with organizations seeking to improve, expand, or enhance their ability to effectively practice real and meaningful client/constituent engagement at all levels of the organization. She also helps organizations develop disability cultural competence. She has her MSW and BS from the University of Connecticut.

SPEAKER BIOGRAPHY

*CCHN/CHAMPS Health Equity Learning Series
Individual Perspectives on Health Equity: A Panel Discussion
Wednesday, August 23, 2023*



Ragen Chastain is a speaker, writer, Certified Health Coach, and thought leader in Health at Every Size, and weight stigma, including in healthcare and fitness/wellness. Utilizing her background in research methods and statistics, Ragen has brought her signature mix of humor and hard facts to diverse stages from Google Headquarters to Dartmouth to the Diabetes Education Specialists National Conference. Co-author of HAES Health Sheets – weight neutral healthcare guides for practitioners, patients, and advocates - and editor of the anthology *The Politics of Size*, Ragen is frequently

featured as an expert in print, radio, television, and documentary film. In her free time Ragen is a National dance champion, triathlete, and marathoner who holds the Guinness World Record for Heaviest Woman to Complete a Marathon, and co-founded the Fit Fatties Facebook group which has over 10,000 members. Ragen lives in LA with her partner and their two adorable dogs.