

Practical Approaches to Managing Your Overweight and Obese Patient

CHAMPS Webcast, November 16, 2006
Evaluation & CME Questions



Name, credentials: _____

Title: _____

Organization: _____

Address/City/State: _____

E-mail Address: _____

Phone Number: _____

This contact information is **required** if you would like to receive a Certificate of Participation or CME Credit for this webcast.

***Fax your completed form to Andrea Martin at CHAMPS, (303) 861-5315.
Questions? Call (303) 861-5165 x285.***

Please complete the following evaluation questions (pages 1-3) so we can review our goals, objectives, and topics for future webcasts. Participants interested in receiving CME Credit must also complete the CME questions following the evaluation questions (page 4).

If you complete the Evaluation Questions and provide your contact information, you will receive a Certificate of Participation for this event. If you complete the CME Questions and provide contact information, you will receive a CME Certificate for 1.5 credits. Certificates will be emailed within three weeks.

EVALUATION QUESTIONS

1) I feel this presentation addressed Educational Objective #1: *To obtain an understanding of the trends in national rates of overweight and obesity in adults, children, and minority populations*

- _____ Strongly Agree
- _____ Agree
- _____ Neither Agree nor Disagree
- _____ Disagree
- _____ Strongly Disagree

2) I feel this presentation addressed Educational Objective #2: *To identify environmental factors that contribute to the obesity epidemic by promoting positive energy balance and weight gain*

- _____ Strongly Agree
- _____ Agree
- _____ Neither Agree nor Disagree
- _____ Disagree
- _____ Strongly Disagree

3) I feel this presentation addressed Educational Objective #3: *To understand major health risks associated with overweight and obesity, and recognize that modest body weight reduction can substantially impact health*

- Strongly Agree
- Agree
- Neither Agree nor Disagree
- Disagree
- Strongly Disagree

4) I feel this presentation addressed Educational Objective #4: *To understand assessment of overweight and obesity in the clinical setting, risk factors for obesity related complications, and an approach to discussing obesity with patients*

- Strongly Agree
- Agree
- Neither Agree nor Disagree
- Disagree
- Strongly Disagree

5) I feel this presentation addressed Educational Objective #5: *To understand current evidence based treatment guidelines based on BMI/risk, including diet and physical activity options, medication options, and surgical options*

- Strongly Agree
- Agree
- Neither Agree nor Disagree
- Disagree
- Strongly Disagree

6) Rate your experience registering, logging on, and participating in this webcast through your computer system.

- Very Easy
- Easy
- Neither Easy nor Difficult
- Difficult
- Very Difficult

7) The speaker was knowledgeable of the topic.

- Strongly Agree
- Agree
- Neither Agree nor Disagree
- Disagree
- Strongly Disagree

8) The concepts of the webcast were clearly presented.

- Strongly Agree
- Agree
- Neither Agree nor Disagree
- Disagree
- Strongly Disagree

9) The speaker was interesting to listen to.

- Strongly Agree
- Agree
- Neither Agree nor Disagree
- Disagree
- Strongly Disagree

10) This webcast gave me practical tools I can use while working.

- Strongly Agree
- Agree
- Neither Agree nor Disagree
- Disagree
- Strongly Disagree

11) How likely are you to attend another CHAMPS webcast?

- Very Likely
- Likely
- Somewhat Likely
- Not Very Likely
- Not at All Likely

12) Briefly describe the best/worst aspects of this webcast:

13) List other training topics that would meet the needs of your job:

14) Other Comments:

Thank you for your responses. If you are not applying for CME credit, please fax these responses to Andrea Martin at CHAMPS, (303) 861-5315. Otherwise, continue to the CME questions on page 4.

CONTINUING MEDICAL EDUCATION (CME) CREDIT QUESTIONS

You must attend the entire webcast and complete the following post-test in order to qualify for CME credit. Failure to complete all CME questions will result in no CME credit awarded.

15) An increased waist circumference (> 40 inches in men and > 35 inches in women) is associated with an increased risk of obesity related complications in individuals with a BMI between 25 and 35.

- True
- False

16) According to the data form NHANES (2003-2004) over 30% of American adults are obese (BMI > 30).

- True
- False

17) An overweight or obese individual must achieve at least a 20% weight loss to attain any health benefits of weight loss.

- True
- False

18) It is recommended that subjects taking _____ for weight loss also take a daily multivitamin to prevent fat soluble vitamin deficiency.

- orlistat
- sibutramine

19) Side effects of _____ can include increased blood pressure (1%), tachycardia, dry mouth, constipation, insomnia.

- orlistat
- sibutramine

*Thank you for applying for CME Credit.
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