

Childproofing Checklist



Caring for Kids!

To childproof means to make your home safe for your baby. Remember you can childproof in stages, as your baby grows. Plan ahead, lock any area that you cannot childproof, and never leave your baby or children alone.

Bathroom

- Do not leave standing water in bathtubs to prevent drowning.
- Place a latch on your toilet seat.
- Place latches/locks on your cabinets.

Kitchen

- Do not leave heavy or hot things on top of tables that your child can reach and pull.
- Place a door lock on your oven door.
- Place latches/locks on your cabinets.
- Place safety covers on your stove knobs.
- Place lockable covers on your trashcans.
- When cooking, use the back burners and turn the handles of pots inward.

Living Room

- Anchor your TVs and furniture to walls with anti-tip furniture strips.
- Install fireplace screens around your hearths.

Entire Home

- Check if your doorstops have removable caps (a choking hazard). If so, replace them with a one-piece child-safe version.
- Check your windows to make sure children cannot open or fall out of the windows.
- Cover sharp corners with protective bumpers.
- Do not leave your phone and computer charge cords plugged in or within your children's reach to prevent strangulation, electrocution, and burns.
- If you are a gun owner, leave your gun unloaded and locked in a gun safe.
- Install smoke and carbon monoxide detectors on each floor of your home.
- Keep curtains and blinds with looped cords out of reach of your children.
- Keep your local poison control and other emergency numbers in all guardian's phone contacts.
- Keep poisonous things (medicines, cosmetics, bug sprays, paints, cleaning agents) out of reach of your children.
- Keep small objects that can be choked on out of reach of your children.
- Keep things that cause fires and injury (cigarettes, lighters, matches, alcohol, and electric tools) out of reach of your children.
- Move your tall, wobbly lamps behind furniture.
- Place covers on your electrical outlets.
- Place gates at the top and bottom of your stairs.
- Purchase a fire extinguisher for your home and learn how to use it.
- Set the temperature of your water heater to a maximum of 120 degrees F to prevent scalding burns.