



## Region VIII Women's Health Data Summary

	Nation	CO	MT	ND	SD	UT	WY
<b>Women's Preventive Health and Wellness, 2013-2016*</b>							
Cancer Death Rate per 100,000 Women (2013)	139.1	121.3	139.3	124.8	129.7	111.5	128.4
Breast Cancer Incidence Rate per 100,000 Women (2013)	123.7	123.6	109.4	125.5	146.1	111.0	105.0
Cervical Cancer Incidence Rate per 100,000 Women (2013)	7.2	5.7	4.1	NSD	7.3	4.8	6.0
Diabetes Death Rate per 100,000 Women (2015)	17.3	13.1	18.3	18.7	22.2	19.0	15.4
Heart Disease Death Rate per 100,000 Women (2015)	133.6	100.2	120.1	113	117.2	133.9	126.5
Cholesterol Checked in Past 5 Years (2015)	80.5%	81.2%	78.3%	75.3%	77.2%	70.4%	78.9%
Colorectal Cancer Screening, Women Ages 50+ (2016)	71.2%	72.7%	68.6%	71.3%	70.9%	77.1%	66.1%
Mammogram in Past 2 Years, Women Ages 40+ (2014-2016)	73.7%	68.5%	68.8%	72.4%	74.9%	66.1%	65.2%
Pap Test in Past 3 Years, Women Ages 18-64 (2016)	75.4%	77.4%	73.7%	73.1%	69.8%	69.5%	74.3%
Overweight/Obese, Adult Women (2016)	58.8%	50.3%	55.3%	61.9%	59.5%	52.8%	56.9%
Reported Fair or Poor Health Status (2016)	18.6%	14.7%	15.9%	15.5%	13.9%	12.2%	15.9%
Reported Poor Mental Health, Adult Women (2016)	39.1%	43.0%	35.4%	38.6%	33.2%	47.3%	38.9%
Reported Having No Personal Doctor or Health Care Provider (2016)	16.7%	18.8%	19.4%	17.0%	17.8%	21.0%	25.7%
Smokers, Adult Women (2016)	14.3%	13.5%	17.3%	17.1%	15.1%	7.1%	19.1%
Told by Doctor They Have High Blood Pressure (2015)	30.2%	22.7%	25.8%	29.8%	28.5%	20.6%	26.3%
Visited a Dentist or Dental Clinic Within Past Year (2016)	68.4%	71.4%	69.8%	71.1%	75.5%	76.3%	69.5%
<b>Women's Reproductive Health, 2016**</b>							
Total Births	3,945,875	66,613	12,282	11,383	12,275	50,464	7,386
Birth Rate per 1,000 Births	12.2	12.0	11.8	15.0	14.2	16.5	12.6
Teen (Ages 15-19) Birth Rate per 1,000 Births	20.3	17.8	23.7	20.3	25.1	15.6	26.1
Low Birthweight Births (Less than 2,500 Grams), Number	321,839	5,961	966	752	830	3,622	628
Low Birthweight Births, Percent	8.2%	9.0%	7.9%	6.6%	6.8%	7.2%	8.5%
Preterm Births (Before 37 Weeks)	9.8%	8.9%	8.8%	9.1%	9.0%	9.6%	9.5%
Births by Cesarean Delivery	31.9%	26.2%	29.1%	26.8%	25.3%	22.3%	27.4%
<b>Breastfeeding, 2014***</b>							
Infants Who Have Ever Been Breastfed	82.5%	92.1%	81.9%	86.7%	83.3%	88.4%	88.3%
Infants Exclusively Breastfed through 3 Months	46.6%	56.3%	51.3%	51.4%	55.1%	55.5%	52.8%
Infants Breastfeeding at 6 Months	55.3%	67.4%	58.4%	61.1%	57.6%	65.5%	61.3%
Infants Breastfeeding at 12 Months	33.7%	40.3%	36.6%	35.9%	32.0%	44.4%	35.8%

\*Kaiser Family Foundation State Health Facts, [www.statehealthfacts.kff.org](http://www.statehealthfacts.kff.org)

\*\*National Vital Statistics Reports, [www.cdc.gov/nchs/births.htm](http://www.cdc.gov/nchs/births.htm)

\*\*\*Nutrition, Physical Activity, and Obesity: Data, Trends and Maps, Breastfeeding Behavior, [www.cdc.gov/nccdphp/dnpao/data-trends-maps/index.html](http://www.cdc.gov/nccdphp/dnpao/data-trends-maps/index.html)

NSD - Not Sufficient Data (Fewer than 16 Cases Reported)

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