



Region VIII Women's Health Data Summary

	Nation	CO	MT	ND	SD	UT	WY
Women's Preventive Health and Wellness, 2016-2019*							
Cancer Death Rate per 100,000 Women (2017)	131.0	115.1	132	122.4	140.8	105.7	116.2
Breast Cancer Incidence Rate per 100,000 Women (2017)	125.1	132.0	137.5	129.3	125.0	112.4	107.6
Cervical Cancer Incidence Rate per 100,000 Women (2017)	7.5	6.2	6.2	7.8	8.1	6.3	9.4
Colorectal Cancer Screening, Women Ages 50+ (2016)	71.2%	72.7%	68.6%	71.3%	70.9%	77.1%	66.1%
Mammogram in Past 2 Years, Women Ages 40+ (2016-2018)	72.0%	64.0%	67.0%	71.0%	76.0%	64.0%	62.0%
Pap Test in Past 3 Years, Women Ages 18-64 (2016-2018)	73.0%	69.0%	68.0%	67.0%	68.0%	64.0%	67.0%
Diabetes Death Rate per 100,000 Women (2019)	16.9	12.6	15.7	15.7	22.3	19.1	11.7
Heart Disease Death Rate per 100,000 Women (2019)	126.2	102.1	121.5	111.2	116.2	126.5	109.2
Cholesterol Checked in Past 5 Years (2019)	90.2%	89.0%	86.0%	84.0%	80.6%	85.0%	89.5%
Told by Doctor They Have High Blood Pressure (Hypertension) (2019)	30.6%	23.5%	25.8%	27.4%	27.2%	21.6%	26.1%
Obese, Overweight Adult Women (2019)	61.4%	51.9%	58.5%	63.0%	64.1%	57.0%	58.5%
Smokers, Adult Women (2019)	13.5%	11.9%	16.5%	16.0%	17.8%	5.8%	17.9%
Reported Fair or Poor Health Status (2019)	19.0%	14.0%	15.0%	14.0%	18.0%	15.0%	15.0%
Reported Having No Personal Doctor or Health Care Provider (2019)	18.0%	20.0%	20.0%	23.0%	18.0%	19.0%	26.0%
Visited a Dentist or Dental Clinic Within Past Year (2016-2018)	69.1%	71.7%	70.5%	72.0%	73.2%	74.8%	72.5%
Average Number of Poor Mental Health Days Reported in the Last 30 Days, Adult Women (2019)	4.9	4.4	5.2	4.5	4.2	5.5	4.7
Women's Reproductive Health, 2019**							
Total Births	3,747,540	62,869	11,079	10,454	11,449	46,826	6,565
Birth Rate per 1,000 Births	11.4	10.9	10.4	13.7	12.9	14.6	11.3
Teen (Ages 15-19) Birth Rate per 1,000 Births	16.7	13.9	16.3	15.6	19.2	12.0	19.4
Low Birthweight Births (Less than 2,500 Grams), Number	311,245	5,910	809	711	801	3,465	643
Low Birthweight Births, Percent	8.3%	9.4%	7.3%	6.8%	7.0%	7.4%	9.8%
Preterm Births (Before 37 Weeks)	10.2%	9.6%	9.6%	9.5%	9.6%	9.7%	9.9%
Births by Cesarean Delivery	31.7%	26.8%	28.4%	26.5%	24.5%	23.1%	26.3%
Breastfeeding, 2017***							
Infants Who Have Ever Been Breastfed	84.1%	92.2%	84.6%	84.0%	88.5%	91.8%	90.0%
Infants Exclusively Breastfed through 3 Months	46.9%	54.5%	55.1%	50.7%	53.1%	48.2%	51.7%
Infants Breastfeeding at 6 Months	58.3%	69.2%	62.1%	56.8%	70.1%	64.1%	64.8%
Infants Breastfeeding at 12 Months	36.3%	47.0%	36.8%	32.4%	41.2%	42.4%	38.0%

*Kaiser Family Foundation, State Health Facts, www.kff.org/statedata

**National Vital Statistics Reports, www.cdc.gov/nchs/births.htm

***Nutrition, Physical Activity, and Obesity: Data, Trends and Maps, Breastfeeding Behavior, www.cdc.gov/nccdphp/dnpao/data-trends-maps/index.html

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