



Region VIII Women's Health Data Summary

	Nation	CO	MT	ND	SD	UT	WY
Women's Preventive Health and Wellness, 2014-2017*							
Cancer Death Rate per 100,000 Women (2016)	134.0	118.9	127	125.8	132.3	104.6	121.7
Breast Cancer Incidence Rate per 100,000 Women (2016)	124.0	127.4	125.1	137.9	111.4	114.4	117.8
Cervical Cancer Incidence Rate per 100,000 Women (2016)	7.7	6.4	8.7	7.3	6.7	5.9	5.9
Diabetes Death Rate per 100,000 Women (2018)	16.8	13.4	12.9	16.5	18.4	17.6	16.5
Heart Disease Death Rate per 100,000 Women (2018)	127.9	98.1	124.9	106.9	119.2	127.2	116.8
Cholesterol Checked in Past 5 Years (2017)	89.1%	88.5%	84.2%	84.1%	86.6%	81.9%	82.7%
Colorectal Cancer Screening, Women Ages 50+ (2016)	71.2%	72.7%	68.6%	71.3%	70.9%	77.1%	66.1%
Mammogram in Past 2 Years, Women Ages 40+ (2016-2018)	72.0%	64.0%	67.0%	71.0%	76.0%	64.0%	62.0%
Pap Test in Past 3 Years, Women Ages 18-64 (2016-2018)	73.0%	69.0%	68.0%	67.0%	68.0%	64.0%	67.0%
Overweight/Obese, Adult Women (2018)	60.7%	52.5%	56.5%	64.3%	61.1%	54.5%	58.0%
Reported Fair or Poor Health Status (2016-2018)	19.0%	15.0%	15.0%	13.0%	14.0%	15.0%	15.0%
Reported Poor Mental Health, Adult Women (2015-2017)	39.0%	42.0%	37.0%	40.0%	33.0%	47.0%	39.0%
Reported Having No Personal Doctor or Health Care Provider (2016-2018)	18.0%	19.0%	20.0%	18.0%	18.0%	22.0%	25.0%
Smokers, Adult Women (2018)	13.6%	12.4%	17.3%	17.1%	16.3%	7.5%	17.6%
Told by Doctor They Have High Blood Pressure (Hypertension) (2017)	30.4%	22.9%	24.6%	27.0%	36.1%	21.2%	27.5%
Visited a Dentist or Dental Clinic Within Past Year (2016-2018)	69.1%	71.7%	70.5%	72.0%	73.2%	74.8%	72.8%
Women's Reproductive Health, 2018**							
Total Births	3,791,712	62,885	11,513	10,636	11,893	47,209	6,562
Birth Rate per 1,000 Births	11.6	11.0	10.8	14.0	13.5	14.9	11.4
Teen (Ages 15-19) Birth Rate per 1,000 Births	17.4	14.3	17.2	16.4	20.4	13.1	20.8
Low Birthweight Births (Less than 2,500 Grams), Number	313,752	5,911	852	702	785	3,399	617
Low Birthweight Births, Percent	8.3%	9.4%	7.4%	6.6%	6.6%	7.2%	9.4%
Preterm Births (Before 37 Weeks)	10.2%	9.2%	9.1%	9.6%	9.4%	9.4%	9.9%
Births by Cesarean Delivery	31.9%	26.1%	28.1%	26.5%	24.6%	22.7%	27.4%
Breastfeeding, 2016***							
Infants Who Have Ever Been Breastfed	83.8%	89.7%	91.3%	84.8%	85.2%	91.2%	89.6%
Infants Exclusively Breastfed through 3 Months	47.5%	61.3%	65.6%	54.5%	58.8%	55.5%	58.5%
Infants Breastfeeding at 6 Months	57.3%	67.0%	68.5%	57.1%	64.7%	71.6%	62.4%
Infants Breastfeeding at 12 Months	36.2%	38.5%	38.4%	39.7%	41.2%	42.4%	37.0%

*Kaiser Family Foundation, State Health Facts, www.kff.org/statedata

**National Vital Statistics Reports, www.cdc.gov/nchs/births.htm

***Nutrition, Physical Activity, and Obesity: Data, Trends and Maps, Breastfeeding Behavior, www.cdc.gov/nccdphp/dnpao/data-trends-maps/index.html

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