



Region VIII Women's Health Data Summary

	Nation	CO	MT	ND	SD	UT	WY
Women's Preventive Health and Wellness*							
Heart Disease Death Rate per 100,000 Females (2014)	131.8	102.5	116.2	115.7	111.9	128.7	126.9
Diabetes Death Rate per 100,000 Females (2013)	17.6	11.3	15.6	18.0	21.1	21.7	12.0
Cancer Death Rate per 100,000 Females (2013)	139.1	121.3	139.3	124.8	129.7	111.5	128.4
Breast Cancer Incidence Rate per 100,000 Females (2013)	123.7	123.6	109.4	125.5	146.1	111.0	105.0
Cervical Cancer Incidence Rate per 100,000 Females (2013)	7.2	5.7	4.1	NSD	7.3	4.8	6.0
% Mammogram Women Age 40+ w/in Last Two Years (2014)	73.7	68.5	68.8	72.4	74.9	66.1	65.2
% Pap Test Women Age 18+ w/in Last Three Years (2014)	78.0	80.0	78.0	78.0	80.0	72.0	80.0
% Colorectal Cancer Screening for Females Age 50 or Older (2014)	70.4	70.5	68.0	66.5	72.3	74.1	65.4
% Told by Doctor They Have High Blood Pressure (2015)	30.2	22.7	25.8	29.8	28.5	20.6	26.3
% Smokers, Adult Females (2015)	14.7	14.2	18.5	15.4	20.6	7.0	17.5
% Reported Cholesterol Checked in Past 15 Years (2015)	80.5	81.2	78.3	75.3	77.2	70.4	78.9
% Reported Fair or Poor Health Status (2015)	18.3	14.5	14.9	14.8	15.0	12.5	15.6
% Overweight/Obese Females (2015)	58.4	48.2	51.9	57.4	56.9	51.5	57.7
% Reported Poor Mental Health, Adult Females (2015)	38.8	40.6	36.0	39.2	30.1	46.3	37.7
% Visited a Dentist or Dental Clinic within the Past Year (2014)	67.1	69.8	65.8	72.3	74.2	71.9	67.8
% Reported Having No Personal Doctor (2015)	16.2	17.0	20.7	17.1	12.9	20.4	22.2
Women's Reproductive Health**							
Births (2015)	3,978,497	66,581	12,583	11,314	12,336	50,778	7,765
Birth Rate per 1,000 Births (2015)	12.4	12.2	12.2	15.0	14.4	17.0	13.3
Teen (Age 15-19) Birth Rate per 1,000 Births (2015)	22.3	19.3	25.3	22.2	26.4	17.6	29.2
Low Birthweight Births (2015)	320,869	6,001	887	700	754	3,561	666
% Low Birthweight Births (2015)	8.0	9.0	7.1	6.2	6.1	7.0	8.6
% Preterm Births (2015)	9.6	8.7	8.4	8.4	8.5	9.3	9.8
% Births by Cesarean Delivery (2015)	32.0	25.9	29.7	27.5	25.7	22.8	27.3
Breastfeeding***							
% Infants Who Have Ever Been Breastfed (2013)	81.1	88.6	86.4	82.3	83.6	94.4	89.7
% Infants Exclusively Breastfed through 3 Months (2013)	44.4	57.3	60.7	49.0	45.1	50.7	57.0
% Infants Breastfeeding at 6 Months (2013)	51.8	66.2	59.3	51.5	53.4	70.4	59.5
% Infants Breastfeeding at 12 Months (2013)	30.7	40.6	31.5	27.9	31.8	42.6	37.1

*Henry J. Kaiser Family Foundation State Health Facts, www.statehealthfacts.kff.org

**National Vital Statistics Reports, 2016, www.cdc.gov/nchs/births.htm

***Nutrition, Physical Activity, and Obesity: Data, Trends and Maps, Breastfeeding Behavior, 2013, <https://www.cdc.gov/nccdphp/dnpao/data-trends-maps/index.html>

NSD = Not Sufficient Data (fewer than 16 cases reported)