

# A Guide to Mountain/ Plains Clinical Network (MPCN)



The Mountain/ Plains Clinical Network (MPCN) is a program of Community Health Association of Mountain/Plains States (CHAMPS) that encompasses and supports all health care providers working at community, migrant and homeless health centers in Region VIII (CO, MT, ND, SD, UT, WY).

## Online Clinical Resources

Patient education tools including:

Patient Education, Patient Self-Management, Well Child, and Wellness handouts

Disease/condition specific resources including:

Behavioral Health, Breastfeeding, Chronic Pain, COVID-19, Diabetes, Immunization, Oral Health, Overweight and Obesity Treatment and Prevention, Reproductive Health, Substance Use Disorder (including Opioid Use Disorder and Tobacco Cessation), and Suicide Prevention

Cross Disciplinary resources including:

Climate Change and Environmental Health, Health Equity, Health Literacy, Indigenous Health, Offsetting Patient Costs, Social Determinants of Health, Team-Based Care, Telehealth, and addressing patient needs related to Human Trafficking and Intimate Partner Violence

## Clinical and Quality Improvement Trainings

Distance learning and face-to-face trainings (some that provide CME) are offered including:

- CHAMPS/NWRPCA Annual Primary Care Conference
- Spanish Language for Healthcare Providers
- On-Demand Annual Immunization Update
- On-Demand Family Planning Refresher
- Live Distance Learning Events

## Popular Clinical Resources

### Evidence-Based Clinical Guidelines

### Patient Education Handouts

### Upcoming Live Distance Learning Events

### On-Demand Modules and Courses

### Wellness Pages

## MPCN Mission

The mission of MPCN is to facilitate the professional, administrative, and educational development of all Region VIII Health Center providers to ensure the delivery of the highest quality of care, eliminate disparities, and increase access.

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## Networking Opportunities

Network with peers at the [CHAMPS/NWRPCA Annual Primary Care Conference](#) including the Clinicians' Roundtable session.

Follow the [CHAMPS LinkedIn Company Page](#) for additional updates and to connect with your colleagues.

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## MPCN Steering Committee

The [MPCN Steering Committee](#) guides the development of CHAMPS' clinical programs to ensure the programs meet the needs and challenges of MPCN.

The MPCN Steering Committee is comprised of up to four members from each of the six states in Region VIII with an intention of including at least one **medical provider**, one **oral health provider**, and one **behavioral health provider**, although members are not limited to these disciplines alone and may represent another clinical role as well. In addition, one **quality improvement (QI)** consultant sits on the committee.

The [MPCN Steering Committee meets](#) every other month via Zoom and once a year in person.

Serving on the MPCN Steering Committee is a great opportunity for providers to gain professional committee experience, network with peers and colleagues, and provide input into CHAMPS programs and services.

**Positions on the MPCN Steering Committee are open!**

Contact the [CHAMPS Clinical Quality Improvement Director](#) if you are interested.

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## Ways to Stay Active in MPCN

Check with CHAMPS to make sure you are in the [Region VIII Clinicians Database](#) to receive relevant email notices and event announcements.

Inform CHAMPS of [new clinician hires](#) so they can receive the [CHAMPS Welcome Packet](#).

Sign up to receive the [CHAMPS MPCN Minute](#) for quick updates on upcoming events and clinical resources.

[Join the MPCN Steering Committee](#) and/or share your ideas for programs, products, or services with a CHAMPS staff member or an MPCN Steering Committee member.

Visit the CHAMPS website at [www.CHAMPSonline.org](http://www.CHAMPSonline.org) to find available resources, educational activities, products, and services.

Contact the [CHAMPS Clinical Quality Improvement Director](#) regarding any of the MPCN activities or resources or with any questions.

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