



PARTICIPANT HANDOUTS
**CHAMPS 2025/2026 Health Care
for the Homeless Collaborative
Session 1: Innovative Behavioral
Health Services for the Unhoused Community**

Thank you for attending today's training. By doing so, you are strengthening the ability of your community-based and patient-directed health center to deliver comprehensive, high-quality primary health care services.

Presented by:

Meghan Fry, MA, CMHC, [Fourth Street Clinic](#)
Louie Krolak, MA, CMHC, [Fourth Street Clinic](#)

Live Event Date/Time:

Wednesday, November 19, 2025
12:00–1:00PM Mountain Time /1:00–2:00PM Central Time

Target Audience:

This collaborative is intended for Region VIII health center staff who serve people experiencing homelessness and key PCA contacts to hear from experts in the field, discuss challenges, and identify desired training and technical assistance.

Event Overview:

This session of the 2025/2026 [CHAMPS Health Care for the Homeless Collaborative](#) highlights Fourth Street Clinic's behavioral health services for the unhoused community.

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CHAMPS ARCHIVES

This event will be archived online. This online version will be posted within two weeks of the live event and will be available for at least one year from the live presentation date. For information about all CHAMPS archives, please visit <https://champsonline.org/events-trainings/distance-learning/online-archived-champs-distance-learning-events>.

DESCRIPTION OF CHAMPS

Community Health Association of Mountain/Plains States (CHAMPS) is a non-profit organization dedicated to supporting all Region VIII federally-designated Community Health Centers so they can better serve their patients and communities. Currently, CHAMPS programs and services focus on education and training, collaboration and networking, workforce development, and the collection and dissemination of regional data. Staff and board members of [CHAMPS Organizational Members](#) receive targeted benefits in the areas of business intelligence, networking and peer support, recognition and awards, recruitment and retention, training discounts and reimbursement, and more.

For over 40 years, CHAMPS has been an essential resource for Community Health Center training and support! Be sure to take advantage of CHAMPS' programs, products, resources, and other services. For more information about CHAMPS, please visit www.CHAMPSOnline.org. The Happenings box in the middle of the CHAMPS home page highlights the newest CHAMPS offerings, while the CHAMPS Membership box on the lower part of the home page lists current benefits for CHAMPS Organizational Members.

SPEAKER BIOGRAPHIES

Meghan Fry is a Clinical Mental Health Counselor who has served underrepresented populations in Salt Lake County for over 25 years. She spent two decades with Volunteers of America, Utah (VOA), working across multiple programs that supported individuals experiencing homelessness, addiction, and severe mental illness. Her work included leading both residential and community-based teams focused on chronically unhoused adults. After earning her master's degree in Mental Health Counseling from the University of Phoenix, Meghan continued advancing into leadership roles before joining Fourth Street Clinic. She is passionate about ensuring that people experiencing homelessness and addiction have access to high-quality, compassionate mental health care. As Behavioral Health Director, she partners with her team and community partners to deliver excellent integrated care to all patients.

Louie Krolak serves as the BH Clinical Coordinator and brings seven years of professional experience as a mental health therapist. His clinical work spans multiple client populations, including underserved youth in Ohio, as well as individuals receiving residential treatment for trauma in Utah. Originally from Ohio, Louie earned his master's degree in Clinical Mental Health Counseling from The Ohio State University. He is passionate about expanding access to compassionate, evidence-based mental health support for those who need it most.

Innovative Behavioral Health Services for the Unhoused Community

Meghan Fry, MA, CMHC
Louie Krolak, MA, CMHC
Fourth Street Clinic

Wednesday, November 19, 2025

2025/2026 CHAMPS Health Care for the Homeless Collaborative



Whole-Person Care: Innovative Behavioral Health for the Unhoused Community

Meghan Fry, MA, CMHC
Louie Krolak, MA, CMHC

Fourth Street Clinic, Salt Lake City, UT
November 19, 2025



Why We're Here

Meghan Fry, Behavioral Health Director

Louie Krolak, BH Clinical Coordinator

Purpose: share innovative approaches in BH and partnerships serving people experiencing homelessness

Agenda

Fourth Street Clinic Overview

BH Integration

Innovation & Partnerships

Challenges & Lessons Learned

Final tips & takeaways



Fourth Street Clinic Overview

- Who We Are
- Our Patients
- Our Services

Who We Are

Mission Statement:
Fourth Street Clinic helps individuals experiencing homelessness improve their health and quality of life by providing high-quality integrated health care.

- 1988-FSC opened as a single-room clinic in the local homeless shelter
- 1993-Moved to our permanent location
- 2001-Pharmacy opened
- 2014-Four-chair dental clinic opened
- 2019-Mobile unit launched
- 2020-All patient services moved to tents in the parking lot, where they remained for nearly two years.
- 2021-Began process to become fully integrated clinic

Our Patients

Fourth Street Clinic provided health care to **6,606** unique patients in **30,384** patient visits in 2024.

96% were experiencing homelessness

42% had Medicaid

14% had private insurance or Medicare

44% were uninsured/self-pay

Common Health Conditions:

- Diabetes
- Hypertension
- SUD

Common BH Conditions:

- SUD
- PTSD
- Bipolar Disorder

Our Services

- Primary Care
- Behavioral Health
- Dental Care
- Pharmacy
- Specialty Care
- Ancillary Services
 - Case management
 - Referral Coordination
 - Insurance Enrollment

Outreach

- Street Medicine
- Mobile Bus
- Homeless Resource Centers
- MVP
- Magnolia

Behavioral Health Integration



The BH Team

- Psych Nurse Practitioners: 2
- Case managers: 4
- Therapists: 6
 - MVP
 - Magnolia
 - Mobile bus
 - 50/50 in clinic and on street team
 - Main Clinic
- MSW students
- Psych APRN student
- BH Clinical Coordinator
 - Manages case managers and masters level students
 - Sees patients 3 days/week



How We Work in Primary Care



Warm Handoffs

Shared Care Planning

Screening Tools/Workflows

Street Medicine and Mobile Team

Jensen Family





Innovation & Partnerships

Innovative Approaches



MAT in primary
care and BH



Walk-in BH
availability



Outreach BH
services

Outreach – Street Team



Meeting patients where they're at

Added a therapist to the street team in 2024

Addressing barriers to behavioral healthcare

Outreach – Mobile



A 45-foot mobile clinic staffed by providers, medical assistants, and a therapist will travel to the local homeless resource centers

Therapist supports with provider visits and acts as the BHC on the bus

Medically Vulnerable People (MVP) Shelter



The MVP program provides interim housing and medical services to seniors, veterans and the medically frail who are experiencing homelessness.

Accommodates 165 individuals

FSC has a full-time therapist on-site for BH care

Magnolia Apartments



Permanent and supportive housing complex with 65 units that is part of the Health and Housing Transition (Hhot) program

FSC has one full-time therapist and one full-time case manager on staff

FSC will be adding staff to another 201 complex soon as part of the Hhot program

Community Partnerships



Housing providers



Shelters



Outreach teams



Hospitals & respite care



Homeless court



Russell

Challenges & Lessons Learned



Challenges We Face

Staffing

Funding

Patient mistrust

Integration growing
pains



What We've Learned



Trauma-informed first

Flexibility is key

Trust takes time

Importance of collaboration

Key Takeaways

Whole-person
care matters

Integration is
essential for high-
need populations

Partnerships
expand impact

Thank You

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FOURTH STREET CLINIC
HOMELESSNESS HURTS. HEALTH CARE HELPS.

Thank you for joining us!

By attending today's event, you are strengthening the ability of your community-based and patient-directed health center to deliver comprehensive high-quality primary health care services.

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<http://champsonline.org/events-trainings/distance-learning/upcoming-live-distance-learning-events>

**To view this event archive as well as
other past CHAMPS events, visit:**

<http://champsonline.org/events-trainings/distance-learning/online-archived-champs-distance-learning-events>



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