

### About Dr. Beacham

Abbie Beacham, PhD is a Clinical Psychologist who has spent her career working in health care and medical settings. She has her PhD in Clinical Psychology from the University of Louisville, completed her internship in Clinical Health Psychology at the University of Florida Health Sciences Center, and Post-doctoral Fellowship at the University of Kentucky Colleges of Medicine and Dentistry. Over the past five years she has worked extensively with physicians and other healthcare professionals in addressing their stress, burnout and well-being. As part of this work, she collaborated with colleagues to develop and implement evidence-based well-being programs for health professionals. Her most recent training “Cultivating Personal Resilience” has been presented to hundreds of professionals in both in-person and online formats.

In 2019, Abbie relocated from the University of Colorado School of Medicine in Aurora, CO to assume the position of Director of Behavioral Science at the University of Louisville School of Dentistry in Louisville, KY. A licensed psychologist in Colorado and Kentucky (provisional), she maintains a small private practice serving healthcare professionals via online consultation and therapy.