

# Region VIII Women's Health Data Summary

	Nation	CO	MT	ND	SD	UT	WY
<b>Women's Preventive Health and Wellness, 2015-2021*</b>							
Cancer Death Rate per 100,000 Women (2016-2020)**	128.7	113.1	125.6	122.8	132.4	104.7	120.3
Breast Cancer Incidence Rate per 100,000 Women (2015-2019)**	128.1	130.4	136.8	135.2	125.4	115.8	113.0
Cervical Cancer Incidence Rate per 100,000 Women (2015-2019)**	7.7	6.2	7.0	5.9	6.3	5.5	8.2
Colorectal Cancer Screening, Women Ages 50-75 (2020) <sup>a</sup> ****	74.0%	74.6%	70.2%	73.2%	77.6%	75.7%	61.4%
Mammogram in Past 2 Years, Women Ages 40+ (2020)	72.0%	67.0%	68.0%	75.0%	75.0%	64.0%	64.0%
Pap Smear in Past 3 Years, Women Ages 18-64 (2018-2020)	73.0%	69.0%	67.0%	66.0%	70.0%	64.0%	64.0%
Diabetes Death Rate per 100,000 Women (2020)	19.5	13.1	17.0	16.5	24.2	22.2	16.4
Heart Disease Death Rate per 100,000 Women (2020)	130.2	101.7	121.1	106.4	109.6	133.5	122.2
Cholesterol Checked in Past 5 Years (2021)	91.4%	90.5%	88.4%	87.9%	90.3%	87.2%	87.7%
Told by Doctor They Have High Blood Pressure (Hypertension) (2021)	34.6%	27.7%	32.0%	34.2%	32.8%	27.7%	29.6%
Obese, Overweight Adult Women (2021)****	N/A	55.6%	60.7%	63.4%	68.2%	59.5%	63.8%
Smoker, Adult Women (2021)	11.5%	10.2%	13.5%	11.7%	12.4%	5.9%	15.7%
Reported Fair or Poor Health Status (2021)	17.0%	14.4%	15.2%	13.8%	13.8%	14.0%	13.7%
Reported Having No Personal Doctor or Health Care Provider (2021)	10.4%	10.8%	10.9%	9.9%	9.8%	12.7%	14.3%
Visited a Dentist or Dental Clinic Within Past Year (2020)	69.0%	72.4%	71.1%	72.0%	73.4%	76.6%	68.9%
Average Number of Poor Mental Health Days Reported in the Last 30 Days, Adult Women (2021)	5.0	4.9	4.6	3.9	4.2	5.8	4.9
<b>Women's Reproductive Health, 2021***</b>							
Total Births	3,664,292	62,949	11,231	10,112	11,369	46,712	6,237
Birth Rate per 1,000 Births	11.0	10.8	10.2	13.0	12.7	14.0	10.8
Teen (Ages 15-19) Birth Rate per 1,000 Births	13.9	11.4	13.6	12.9	17.0	9.7	16.0
Low Birthweight Births (Less than 2,500 Grams)	8.5%	9.5%	7.6%	6.7%	7.1%	7.4%	9.4%
Preterm Births (Before 37 Weeks)	10.5%	9.8%	9.7%	9.6%	10.5%	9.9%	10.8%
Births by Cesarean Delivery, Births per 1,000 Population	32.1	27.3	27.8	26.3	24.6	23.4	26.7
<b>Breastfeeding, 2019****</b>							
Infants Who Have Ever Been Breastfed	83.2%	94.0%	83.5%	85.7%	88.9%	91.4%	92.4%
Infants Exclusively Breastfed through 3 Months	45.3%	62.8%	50.4%	48.8%	52.1%	49.5%	55.3%
Infants Breastfeeding at 6 Months	55.8%	66.1%	63.9%	57.2%	61.4%	63.8%	62.7%
Infants Breastfeeding at 12 Months	35.9%	39.6%	42.9%	34.2%	37.8%	44.1%	41.3%

\*Kaiser Family Foundation, State Health Facts, [www.kff.org/statedata](http://www.kff.org/statedata)

\*\*American Cancer Society, Cancer Statistics Center, <https://cancerstatisticscenter.cancer.org/#/cancer-site>

\*\*\*National Vital Statistics Reports, [www.cdc.gov/nchs/births.htm](http://www.cdc.gov/nchs/births.htm)

\*\*\*\*Nutrition, Physical Activity, and Obesity: Data, Trends and Maps, Breastfeeding Behavior: [www.cdc.gov/nccdphp/dnpao/data-trends-maps/index.html](http://www.cdc.gov/nccdphp/dnpao/data-trends-maps/index.html)

<sup>a</sup> Received one or more of the recommended CRC tests within the recommended time interval

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